



HALI U CLASS SCHEDULE

Summer/Fall 2010



	MONDAY PROS HOURS 9:30AM-3:30PM	TUESDAY PROS HOURS 9:30AM-3:30PM	WEDNESDAY PROS HOURS 9:30AM-3:30PM
Class Time 9:30-10:00	Daily Tune-Up Facilitator: Tonja (Big TV Room)	Daily Tune-Up Facilitator: John C. (Big TV Room)	Recovery Planning 101 Facilitator: Donna (Great Room)
	Individual Appointments With Your Facilitator	Individual Appointments With Your Facilitator	Individual Appointments With Your Facilitator
Class Time 10:00-10:45	Ask Dr. Bob (Conference Room)	I'm OK-Positively Facilitator: John C. (Big TV Room)	Ask Dr. Bob (Conference Room)
	Finding Your Passion Facilitator: John C. (Big TV Room)	HALI Newsletter Facilitator: Larry (Resource Room)	Individual Appointments With Your Facilitator
Class Time 11:00-11:45	Roadmap To Recovery 1 Packing For The Trip Facilitator: Allison (Conference Room)	Community Living Exploration Facilitator: Val (Big TV Room & Resource Room)	Wellness Self-Management Facilitator: Larry/Allison (Conference Room) Closed Group
	I'm OK-I'm Just a Little Lost (Group Therapy) Facilitator: John C. (Big TV Room)		School/Training/Goal Support Group Facilitator: John C. (Big TV Room)
Class Time 11:00-12:45		Intensive Relapse Prevention Series Rotating Facilitators (Conference Room)	
Class Time 12:00-12:45	Holistic Approaches to Wellness Facilitator: Larry (Big TV Room)	I'm OK & I'm Staying Healthy Facilitator: Walter (Big TV Room)	Connections 1 st & 2 nd Wednesday Facilitator: Donna/Guest Speakers (Great Room)
	Changing Your Game Plan Facilitator: Tonja (Conference Room)	Wellness Self-Management Facilitator: Larry/Allison (Music Area) Open Group	Community Meeting 3 rd Wednesday (Great Room)
	Individual Appointments With Your Facilitator		Employee Meeting 4 th Wednesday (Great Room)
Class Time 1:00-1:45	Ask Dr. Bob (Conference Room)	IDDT Group Facilitator: Danielle (Conference Room)	Ask Dr. Bob (Conference Room)
	Exploring Intimate Relationships For Women Facilitator: Allison (Big TV Room)	Your Life in Recovery Facilitator: Tonja (Big TV Room)	I'M Ok & I'M Taking Responsibility (Communication/Codependency) Facilitator: Allison (Big TV Room)
Class Time 2:00-2:45	Anger Management Facilitator: Larry (Big TV Room)	New Day/New Life Facilitator: Tonja (Conference Room)	I'm OK-I Just Need A Little Support Facilitator: Larry (Big TV Room)
	School/Training/Goal Support Group Facilitator: Tonja/Val (Conference Room)	Men's Group Facilitator: Larry (Big TV Room)	Smart Recovery Facilitator: John C./Robert D. (Conference Room)
3:00	MEAL	MEAL	MEAL



HALI U CLASS SCHEDULE

Summer/Fall 2010



	THURSDAY PROS HOURS 9:30AM-3:30PM	FRIDAY PROS HOURS 10:30AM-4:00PM	SATURDAY PROS HOURS 10:00AM-3:30PM
Class Time	Daily Tune-Up Facilitator: Walter (Big TV Room)		
	Individual Appointments With Your Facilitator		
Class Time	I'm OK-Positively Facilitator: Danielle (Conference Room)		Saturday Round-Up Facilitator: John G. (Great Room)
	I'm OK-I'm Just a Little Lost Facilitator: Mary Lou (Big TV Room)		
Class Time	Individual Appointments With Your Facilitator	Individual Appointments With Your Facilitator	
	Specialty Health Group Facilitator: Walter (Great Room)		
Class Time	Advanced Holistic Approaches To Wellness Jesse's Office Closed Group	I'm OK -I'm Just a Little Scared Facilitator: Larry (Big TV Room)	Exploring Intimate Relationships For Men Facilitator: John G. (Great Room)
	Language of Letting Go Facilitator: Allison (Conference Room)		
	Group Therapy Facilitator: Dennis (Big TV Room) Assigned Only		
Class Time		Intensive Relapse Prevention Series Rotating Facilitators (Conference Room)	
Class Time	Yes I Can- Make Your Dreams Come True Facilitator: Bob B. (Conference Room)	Your Life In Recovery Facilitator: Tonja (Big TV Room)	Language Of Letting Go Facilitator: John G. (Conference Room)
	New Day/New Life Facilitator: Danielle (Big TV Room)		
Class Time	IDDT Group Facilitator: Tonja (Conference Room)	Roadmap To Recovery 1 Packing For The Trip Facilitator: Allison (Conference Room)	
	Women's Group Facilitator: Mary Lou (Big TV Room)	1st & 3rd Friday: GLBT- Gay, Lesbian, Bi-Sexual, Transgender Facilitator: Mary Lou (Big TV Room)	
Class Time	Supported Employment Facilitator: Val (Resource Room)	Individual Appointments With Your Facilitator	
	2:00-2:45	Holistic Approaches to Wellness Facilitator: Jesse (Big TV Room)	I'm OK and I'm Creative With Music Facilitator: Allison (Music Area)
			I'M OK & I'M Keeping Fit Facilitator: John G. (Big TV Room)
3:00	MEAL	MEAL	